



State
Employment Agency
Republic of Latvia

Living and working in Latvia

State Employment Agency (NVA)

eures@nva.gov.lv www.nva.gov.lv/eures

NATIONAL
DEVELOPMENT
PLAN 2020



EUROPEAN UNION
European Social
Fund

I N V E S T I N G I N Y O U R F U T U R E



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Latvia on the map



Located in Northern Europe on the East coast of the Baltic Sea.
It is the central country of the Baltic States.



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Why to choose Latvia?



One of the fastest-growing economies in Europe – possibilities for employment and career growth in different sectors

- International enterprises – European and worldwide
- Trading partners in many European countries, as well worldwide
- 2 international airports – in Riga and Liepaja – 300 + destinations from Riga airport, direct destinations in Europe reachable in 2 – 3 hours
- Beautiful nature and rich cultural life





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General information about Latvia



Area: 64,589 sq.km

Population: ~1,92 million inhabitants

Capital: Riga

Regions: Vidzeme, Kurzeme, Zemgale, Latgale

Ethnic groups: 61% Latvians, 26% Russians, other

Member of EU: since 2004

Currency: Euro (EUR)

International phone code: + 371

Time: GMT + 2

Language: Latvian (official), the most spoken foreign languages are English, Russian, German

Official portal: www.latvia.eu

The Independence Day: November 18





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EURES in Latvia



EURES advisers in Liepāja, Rīga, Cēsis and Daugavpils NVA Local offices

eures@nva.gov.lv



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EURES Latvia on the internet



Nodarbinātības valsts aģentūra

ERDOŠKIS INFORMĀCIJA

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Facts about Latvia

[LIVING AND WORKING IN LATVIA](#) (booklet; published 2018)

Geography and climate

Latvia is located in North-Eastern Europe, on the shores of the Baltic Sea. It is one of the three Baltic States. Neighbouring countries include Estonia to the North, Lithuania to the South, Russia to the East and Belarus to the South-East. Latvia is divided into four geographic regions – Kurzeme in the West, Vidzeme in the North, Zemgale in the South and Latgale in the East of the country. Latvia covers 65,589 km² of territory, and has a shoreline that is 494 km in length. Latvia's landscape is rich and diverse. The country is located in a zone where both Northern and Central European flora and fauna can be found. Some 44% of the territory is covered by forests, and this is seen as one of Latvia's greatest treasures. Latvia is also a land of lakes – approximately 2,300 lakes are found in the country, particularly in the eastern region of Latgale.



Latvia has always been on the crossroads of major trade routes, and since ancient times it has served as something of a bridge between Western Europe and Russia. The ancient chronicles speak of the route "from the Vikings to the Greeks." It began in Scandinavia, passed along the banks of the Daugava River in what is now a part of Latvia, and continued through Kievan Rus, all the way to the Byzantine Empire. Latvia has a temperate climate with four distinct seasons. July is the hottest month of the year, with an average air temperature of 20/22°C, and temperatures can rise to 30°C and above. Winters tend to be snowy, with temperatures averaging around -5 to -15°C. Latvia, however, is a place where the weather can do very unexpected and surprising things.

The Latvian language

Latvian is the state language in Latvia. It is a Baltic language, a member of the Indo-European family of languages. Latvian is considered to be one of the oldest European languages. It is not a Slavic or Germanic language. Only Lithuanian is similar to it.

Many people in Latvia speak Russian. Latvia's residents are increasingly learning foreign languages, as well – English, German, French, etc.

Here are a few words and phrases in Latvian:

Hi, hello – Sveiki (svayky)

Good-bye – Uz redzēšanos (uz re'-dzee-sha-nos)

Yes – Jā (yah)

No – Nē (nee)

Thank you – Paldies (Puhl'-dies), the "ie" pronounced as in "weird"

Please – Lūdzu (Loo'-dzu)

Sorry – Atvainojiet (Ah'-tvay-no-yiet, the "o" pronounced as in "logo")

Local residents

In the beginning of 2015, there were 1 988.4 thousand residents in Latvia. Of them, 61.4% were ethnic Latvians, 26.0% - Russians, 3.4% - Belarusians, 2.3% - Ukrainians, 2.2% - Poles, 1.3% - Lithuanians, and 3.4% people of other nationalities.

State administration

Latvia is an independent democratic parliamentary republic. Legislative power belongs to a unicameral parliament – [Saeima](#), which consists of 100 members. Elections take place every four years. The President of Ministers ([Prime Minister](#)) and [the Cabinet of Ministers](#) have the executive power. The Head of State is the [President of Latvia](#), who is elected by Saeima for 4 years. The President has wide representative functions. The Independence Day of Latvia is November 18.

02-01-2018



VACANCIES IN LATVIA

CV UN VAKANČU PORTĀLS

JOB SEARCH

- Darbs Latvijā
- Bulgārija (1)
- Dānija (1)
- Igaunija (7)
- Irija (2)
- Lielbritānija (3)
- Lietuva (1)
- Nīderlande (5)
- Norvēģija (8)
- Somija (2)
- Vācija (1)

SUMMARY

SUMMARY

OTHER OFFER TO WORK IN EUROPE

- Eiropas darba mobilitātes portāls
- Darbs ES institūcijās
- Stāžēšanās/prakse ES institūcijās

Vēlies atgriezties Latvijā?

Nodarbinātības valsts aģentūra piedāvā:

EURES konsultācijas

Atbildes uz jautājumiem

Noderīgu informāciju

www.nva.gov.lv



CV UN VAKANČU PORTĀLS

<https://cvvp.nva.gov.lv>

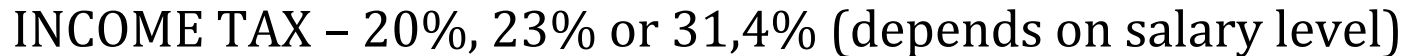
Strādāji ārvalstīs un
plāno atgriezties
Latvijā?

www.nva.gov.lv/eures facebook.com/eureslatvia



ANNUAL LEAVE – 4 weeks (28 calendar days)

- Must be concluded in writing
- Permanent (generally)
- Temporary (seasonal, on project time, etc.)
- Probation period till 3 month



SOCIAL INSURANCE TAX – 11% (for employee)

Personal allowance 0 – 230 EUR per month (depends on salary level)

Allowance per dependents EUR 230 per month.



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Remuneration

The average hourly remuneration (gross) per profession is:

- Engineers: EUR 9–12
- IT specialists: EUR 12–18.50
- Welders: EUR 6–8
- Sales representatives: EUR 7.35–9.80
- Warehouse workers: EUR 5.50–6.30

In 1st quarter 2019, the average monthly wage in Latvia was
EUR 1036 before taxes.





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Prerequisites to find a job in Latvia

- Latvian employers value a good practical experience and the skills needed for work.
- The right academic background could be important (depends on the profession).
- A CV is a marketing tool. Adapt it to the job vacancy or business sector. Emphasize more your practical experience and skills.
- Communication skills are important in many business sectors.
- Knowledge of languages is important (Latvian, English, Russian, German)
- Motivation and readiness to acquire new skills and experience.





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Registration Procedures

Apply for residence certificate by submitting documents **to the Office of Citizenship and Migration Affairs** if you are willing to stay in Latvia for a period of time exceeding 90 days (3 months) within half a year starting from the first day of entrance.

Third-country nationals are subject to different conditions of entry and employment in Latvia.

More information on www.pmlp.gov.lv

- If you are looking for a job and need assistance or wish to export unemployment benefit (PD U2) to Latvia, you must register with the State Employment Agency www.nva.gov.lv

- If you want to practice profession which is regulated in Latvia you have to obtain **professional recognition of foreign qualifications**

More information on www.aic.lv



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Tendencies in the labour market

- There are positive trends in the labour market – a growth of employment rate, the unemployment rate is decreasing.
- The unemployment rate is low – 6% (6,5% by Eurostat calculation), in the capital city Riga ~4%.
- Latvia has a rapidly growing economy and export and the need for labour force is increasing.
- Latvia plans to implement a large scale rail network project «Rail Baltica» and qualified construction specialists will be demanded.
- In some sectors, there is already a shortage of labour (IT sector, engineers, qualified specialists in metal and wood industry).





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Main business sectors



- Woodworking
- Business services
- Food producing
- Machine and equipment
- Construction
- Metal fabricating industry



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Labour demand

- ICT sector
- Engineering
- Customer service
- Construction
- Metal industry
- Transport





Nodarbinātības
valsts aģentūra

How to find a job in Latvia



State employment agency/EURES

www.nva.gov.lv

(CV / Vacancies portal – available in Latvian only)

www.nva.gov.lv/eures

(personal advice of EURES advisers)

www.eures.europa.eu

(European Job Mobility Portal)

Private recruitment agencies

www.nva.gov.lv – list and contact information of licensed private recruitment agencies (see section „Licensed private recruitment agencies”).

Internet

www.visidarbi.lv

www.cv.lv

www.e-darbs.lv

www.cvmarket.lv





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Useful web pages



- www.latvia.eu Information about Latvia
- www.nva.gov.lv State Employment Agency
- www.pmlp.gov.lv State Migration Office
- www.vsaa.gov.lv State Social Insurance Agency
- www.vid.gov.lv State Revenue Service
- www.vmnvd.gov.lv National Health Service
- www.csdd.lv Road Traffic Safety Directorate
- www.am.gov.lv Ministry of Foreign Affairs
- www.studyinlatvia.lv Study opportunities
- www.leta.lv News Agency



Nodarbinātības valsts aģentūra



More information:

www.nva.gov.lv
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THANK YOU AND WELCOME!

